



skip

twinkl.com



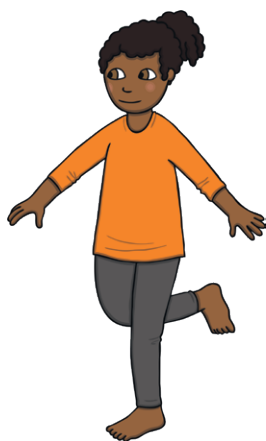
run

twinkl.com



jump

twinkl.com



hop

twinkl.com



spin

twinkl.com



balance

twinkl.com



squat

twinkl.com



bend

twinkl.com



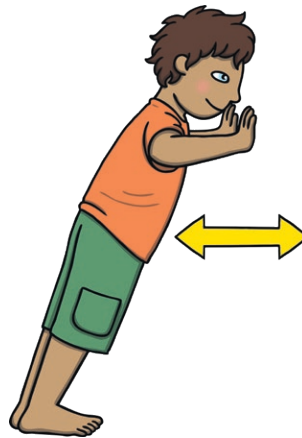
jumping jacks

twinkl.com



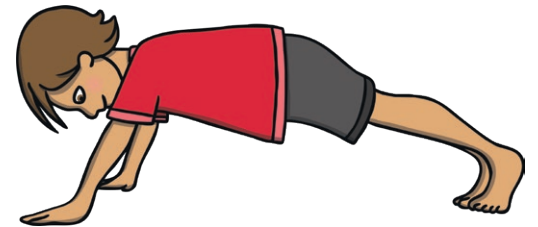
toe touches

twinkl.com



wall push-up

twinkl.com



plank

twinkl.com



dance

twinkl.com



arm circles

twinkl.com



skip

twinkl.com



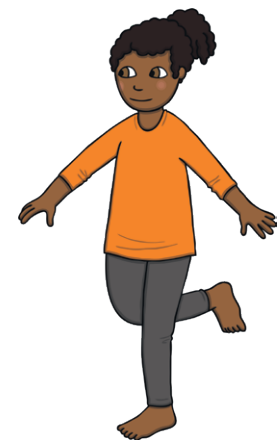
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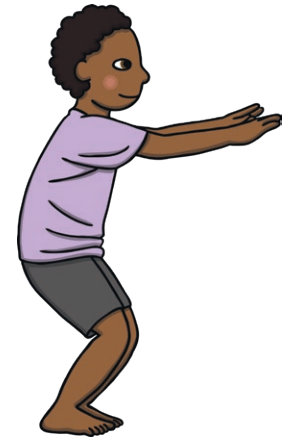
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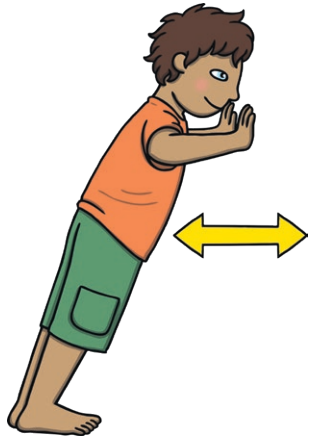
jumping jacks

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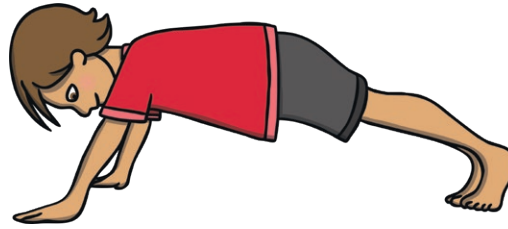
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