

Are YOU also looking for support?



Everlief Parent Club is a monthly membership that offers guidance and support to parents and carers of children aged 5-17.

Get direct support from Dr Lucy Russell and her experienced team of clinical psychologists and child development professionals. Monthly workshops, Q&A, tips and advice on:

low self-esteem stress
low mood **anxiety**
building friendships
confidence issues and much more

In fact - you can ask them ANYTHING!

Just £24 a month
(with 1st month half price with code EVERLIEF)

Membership is month-by-month - cancel any time

Find out more at courses.theyarethefuture.co.uk/epc-enrolment